

**JAMES CITY COUNTY  
COMMUNITY-BASED SERVICES  
RESOURCE LIST**

AGENCY	SERVICES	INSURANCE ACCEPTED	CONTACT INFO
<b>Assessment and Counseling of Williamsburg</b>	Parenting Capacity Evaluations	CSA	757-284-4554
<b>Children's Hospital of the King's Daughters (Norfolk)</b>	Parenting Capacity Evaluations	CSA	757-668-6100
<b>Colonial Behavioral Health</b>	Intensive Care Coordination Intensive In-Home Medication Management Mental Health Assessments Parenting Capacity Evaluations Outpatient Counseling Substance Abuse Screening/Treatment	Medicaid Major Insurance Providers <sup>1</sup> CSA	757-253-4074 www.colonialbh.org gwcac.va.networkofcare.org
<b>The Counseling Center</b>	Mental Health Assessments Outpatient Counseling Substance Abuse Screening/Treatment	CSA Self-Pay	757-826-4600 www.thecounselingctr.com
<b>Dreamcatchers</b>	Equine Therapy	CSA Self-Pay	757-566-1775 dreamcatcherswilliamsburg.org
<b>Family Preservation Services</b>	Home-Based Counseling Mentoring Virtual Residential	Medicaid CSA	757-838-8520 www.fpsc corp.com
<b>Family Priority, LLC</b>	Applied Behavior Analysis Therapy Home-Based Counseling Intensive In-Home Level III: Whatever It Takes	Medicaid CSA	757-645-3860 familypriority.net

<sup>1</sup> Check with your insurance provider for eligibility

Outpatient Counseling			
<b>First Home Care</b>	Intensive In-Home Mental Health Skill Building Outpatient Counseling Therapeutic Day Treatment	Medicaid Medicaid MCOs Tricare CSA	757-393-7244 www.firsthomecare.com
<b>Genesis Counseling Center</b>	Outpatient Counseling Psychological Assessments	Medicaid Private Insurance CSA	757-564-3100
<b>Integrated Health Services</b>	Autism Spectrum Services Intensive In-Home Mentoring Parenting Skills Training Substance Abuse Treatment	Medicaid CSA	757-838-1894 ihsva.com
<b>Intercept Youth Services, Inc.</b>	Crisis One Intensive In-Home Life Skills Coaching Mental Health Skill Building Mentoring Parenting Skills Training Raising Our Children	Medicaid 294-Approved <sup>2</sup> CSA	804-440-3700 www.interceptyouth.com
<b>King Clinical &amp; Forensic Psychology, LLC (Richmond)</b>	Parenting Capacity Evaluations	CSA	804-740-5464
<b>La Solución Familiar</b>	Intensive In-Home Services (se hable español)	Medicaid CSA	804-447-0421
<b>Positive Behavior Consulting</b>	Therapeutic Mentoring Positive Behavior Support	CSA	804-221-9745 www.positivebehaviorconsulting.com
<b>Safe Haven</b>	Intensive Parenting Coaching	CSA	804-852-5488
<b>Therapeutic Intervention &amp; Heritage for Kids</b>	Intensive In-Home Services Mental Health Skills Building	Medicaid CSA	757-678-6234 www.therapeuticinterventions.com

<sup>2</sup> For Court Services clients only

	Therapeutic Day Treatment Therapeutic Mentoring		
<b>Therapeutic Intervention Services</b>	Job Readiness Program Mentoring Parent Aides Virtual Residential Intensive In-Home Services	Medicaid CSA	757-410-0382 tiscanhelp.com
<b>United Methodist Family Services</b>	Supervised Visitation Therapeutic Visitation Family Finding and Engagement Family Group Decision Making Parenting Education & Coaching Home-Based Counseling	Medicaid CSA	804-353-4461 www.umfs.org
<b>The Up Center</b>	Mentoring Outpatient Counseling Parent Support	Medicaid Major Insurance Providers <sup>3</sup> CSA	757-622-7017 theupcenter.org
<b>The Virginia Home for Boys and Girls</b>	Intensive Care Coordination Intensive In-Home Services Mentoring	Medicaid CSA	804-270-6566 www.boysandgirlshome.org

## SERVICE DESCRIPTIONS

**APPLIED BEHAVIOR ANALYSIS THERAPY-** a therapy proven to be successful with children on the autism spectrum. ABA replaces undesirable behavior with acceptable behavior through a system of consistently applied rewards and consequences.

**AUTISM SPECTRUM SERVICES-** an intensive in-home program that incorporates Applied Behavioral Analysis and Natural Environment Teaching techniques to improve clients' functioning and behaviors while teaching parents behavior modification through modeling.

**CRISIS ONE-** a mobile crisis service for children, adolescents & adults who are experiencing acute psychiatric dysfunction requiring immediate clinical attention and intervention, or who are at risk of psychiatric hospitalization or incarcerations due to an acute mental health crisis.

**EQUINE THERAPY:** therapeutic riding provides people with physical, mental and psychological challenges opportunities to use equine activities - adapted and individualized for them - as recreation, socialization, and skill-building.

<sup>3</sup> Check with your insurance provider for eligibility

**FAMILY FINDING & ENGAGEMENT-** a service that identifies, locates, and engages families of children who currently live in out-of-home placements. Once family members are found, an individualized engagement strategy is developed to establish a relationship between the child and the family members.

**FAMILY GROUP DECISION MAKING-** Staff facilitates a family team meeting, in coordination with a community case manager, to conduct a strengths-based assessment and develop a Wraparound Plan consistent with the needs of the family.

**HOME-BASED COUNSELING-** clinical services provided in the home to children and families' identified needs. Services may include individual and family therapy; crisis intervention and resolution; life, parenting, and community skills; teaching more effective communication; stress management; and substance abuse counseling.

**INTENSIVE CARE COORDINATION-** an intensive case management service that links families with both informal and professional resources to provide services to either prevent a child from going into an out-of-home placement or to transition a child out of placement and stabilize them in the home.

**INTENSIVE IN-HOME-**a short term, solution-focused, counseling service provided in the home for children and youth who are at-risk of being removed or who are transitioning back from an out-of-home placement due to a severe emotional or behavioral problem.

**JOB READINESS PROGRAM-** a program services to assist clients with preparing for, obtaining and maintaining employment by teaching skills such as interviewing, resume writing, and professional communication. Post-employment services are also provided to help motivate, encourage and support clients.

**LEVEL III: WHATEVER IT TAKES-** provides the highest level of therapeutic intensity within the home for children and youth who are at imminent risk of out of home placement with the goal of assisting clients and their families with growing and developing in the areas of emotional, psychological and mental well-being.

**LIFE SKILLS COACHING-** assist youth with re-entry into the community, addressing identified delinquent needs which include activities to prepare youth for self-sufficiency. Specialists work with youth on specific goals to improve behaviors and improve skills.

**MENTAL HEALTH ASSESSMENT-**an overall picture of how well a client is functioning emotionally and how well they are able to think, reason, and remember (cognitive functioning) to evaluate for mental health and/or developmental problems that may need clinical intervention.

**MENTAL HEALTH SKILL BUILDING-** provides training for individuals over the age of 17 with mental illness, resulting in significant functional impairments in major life activities, including functional skills; symptom management; appropriate behaviors; personal hygiene; nutrition and food preparation; money management; and use of community resources.

**MENTORING-** youth receive individualized services focused on improving social, emotional and daily living skills. Individualized service plans are written utilizing strength-based interventions to address areas of concern.

**OUTPATIENT COUNSELING-** a process where individuals, couples and/or families work one-on-one with a trained therapist in a safe, caring and confidential environment. People seek therapy for coping with major life challenges, childhood trauma, dealing with depression, anxiety, personal growth and developing a greater self-knowledge.

**PARENT AIDES-**provide parent aide/mentoring services to help equip parents with necessary skills to be better parents, including relationship building; involvement in children's education and activities; communication; time management; and goal setting.

**PARENTING EDUCATION & COACHING-** this prevention service seeks to provide practical parenting education, role modeling, training, and skills building. The practical parenting education may include age-appropriate behavioral management strategies, communication and conflict resolution skills role modeling, and coaching. Common areas of focus include grief and loss, attachment, and trauma processing.

**PARENTING SKILLS TRAINING-** uses a strengths-based model to teach parents about children's mental and physical development from birth and beyond to assist in building effective parenting skills.

**POSITIVE BEHAVIOR SUPPORT** - provides Behavior Consultation to make the problem behavior(s) inefficient and ineffective by teaching direct replacement behaviors. Produces a behavior plan detailing exactly what needs to be provided to support the individual to decrease problem behavior and increase their quality of life.

**RAISING OUR CHILDREN PARENTING SKILLS TRAINING-** a home-based parenting skills program that utilizes the Nurturing Parenting evidence-based curriculum to reduce risk factors and enhance protective factors by teaching parents about nurturing and attachment; child growth and development; child care and safety; positive discipline; health and nutrition; and parental and family resilience.

**SUBSTANCE ABUSE ASSESSMENT-** includes a thorough assessment by a licensed professional of substance use issues as well as mental health and developmental issues.

**SUBSTANCE ABUSE TREATMENT-**services provided to help treat substance use issues, which may include detox, individual and/or group counseling, and random drug testing.

**SUPERVISED VISITATION-** service provided to provide a safe-supportive visitation environment to keep children safe and avoid unnecessary conflict. A worker observes interactions between the child(ren) and their family and ensures the safety of all participants.

**THERAPEUTIC VISITATION-** a service structured to provide a therapeutic environment during visitation in which the child(ren) and their family are working toward identified treatment goals established by the parent/family member(s), the Department of Social Services, and the UMFS Social Worker conducting the visit.

**VIRTUAL RESIDENTIAL PROGRAM-** a service that provides the structure of a residential environment in the home through the use of highly intensive, multi-systemic in-home services. The focus is on defusing imminent risk factors and implementing crisis stabilization plans.

## JAMES CITY COUNTY OUT-OF-HOME PLACEMENT RESOURCE LIST

THERAPEUTIC FOSTER CARE		
AGENCY	LOCATION	REFERRAL NUMBER
Commonwealth Catholic Charities	Richmond	804-285-5900
Family Preservation Services	Hampton	757-838-8520
First Home Care	Portsmouth	757-393-7244
Heritage for Kids	Hampton	757-827-2923
Intercept Youth Services, Inc.	Richmond Newport News	804-440-3700
Lutheran Family Services	Hampton	757-722-4707
United Methodist Family Services	Richmond	804-353-4461
GROUP HOMES		
AGENCY	LOCATION	REFERRAL NUMBER
Grace Haven Home	Richmond	804-779-2356
Grafton Integrated Health Network	Winchester Richmond	888-955-5205 804-674-8888
Intercept Youth Services, Inc.	Richmond	804-440-3700
The Virginia Home for Boys and Girls	Richmond	807-270-6566
RESIDENTIAL TREATMENT FACILITIES		
AGENCY	LOCATION	REFERRAL NUMBER
Barry Robinson Center	Norfolk	757-455-6100
Cumberland Hospital	New Kent	800-368-3472
Grafton Integrated Health Network	Berryville	540-542-0200
Harbor Point Behavioral Health Center	Portsmouth	757-393-0061
The Hughes Center	Danville	434-836-8508
Intercept Youth Services- Fresh Start	Richmond	804-440-3700

<b>Newport News Behavioral Health Center</b>	Newport News	757-888-0400
<b>Phoenix House of the Mid-Atlantic-Substance Abuse Treatment &amp; Recovery Services</b>	Arlington	540-446-3929
<b>Riverside Behavioral Health Center</b>	Hampton	757-827-3117
<b>United Methodist Family Services</b>	Richmond	804-353-4461